



## Going Beyond Sustainability

Applying a Regenerative Design Approach to Restoring Biodiversity and Creating Water Resilient Cities



# What is Regenerative Design?

- <u>**Regenerate</u>** = Create again</u>
- <u>Regenerative design</u> = design process that strives to re-establish ecosystem processes/services at different scales, taking into account ongoing human and biological influences which have the power to degrade ecosystem process/services over time and prevent nature systems from reestablishing themselves.
- Ecological restoration vs. regenerative design
  - ER = taking a disturbed natural landscape and re-establishing structure to allow nature to re-establish itself. Human influences are negligible and can be managed to prevent process degradation or loss over time.
  - RD = involves modifying urban landscapes/sites impacted by substantial human and biological external influences that without intervention, would not result in re-establishment of ecosystem process or services.



#### TRAJECTORIES OF ENVIRONMENTAL DESIGN

More energy

required

#### **CONVENTIONAL PRACTICE**

"One step better than breaking the law." –*Croxton* 

#### **GREEN DESIGN** LEED, Green Globe, other rating tools.

SUSTAINABLE DESIGN "100% less bad." –McDonough

Neutral.

**RESTORATIVE DESIGN** Humans doing things to nature.

#### **REGENERATIVE DESIGN**

Humans intentionally participating as nature.

Regenerating system

more stable

Degenerating system less stable Less energy required

MONOCULTURE -> FRAGMENTED -> TECHNIQUES -> TECHNOLOGIES -> RECIPROCITY -> DIVERSITY -> UNDERSTANDING -> RELATIONSHIPS -> WHOLE SYSTEMS -> LIVING SYSTEMS

## A Regenerative Ecologically Based Design Approach

Holistic planning and design: where human activities are deeply integrated with living systems, continuously building biological diversity, living infrastructure, resilience, and community spirit.





# Focus on establishing ecological processes through creating <u>living</u> infrastructure

Strategically planned and managed networks of natural lands, working landscapes and other green spaces – at many scales – that conserve ecosystem functions, restore ecosystem processes and regenerate healthy, robust and water resilient cities.

- Biologically complex
- Self Organizing
- Self Maintaining
- Life Giving







Source: adapted from Mithun, ASLA Conference 2015









## **Scranton Peninsula**









Fish native to the Cuyahoga River feed on the plant life that grows on s banks. However, the industrial spans of the Cuyahoga are occupied y degrading steel bulkheads that make it nearly impossible for fish to sed. The Green Bulkheads Project is looking at ways to restore native lant and wildlife to the Cuyahoga. To learn more about the Green ulkhead Project, please visit Cuyahoga/alley.net











## **Buried/Piped Stream**

































## dendritic decay garden in asphalt







Sidwell Friends School Washington, D.C. Wastewater Treatment

3/1/

Hassalo on Eight Lloyd Eco-District Super Block Project Portland, Oregon



### EcoDistricts LIVING INFRASTRUCTURE GUIDE

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